

Male

Pos.	Bib	Time	Category	Name	Club
1	13	00:16:44	5KM	Ashley Crawford	
2	22	00:18:24	5KM	Damien Jones	Chorlton Runners
3	41	00:19:26	5KM	Alan Joyce	
4	27	00:20:32	5KM	Simon Lake	ROYTON ROAD RUNNERS
5	5	00:20:34	5KM	Bernarde Bell	
6	14	00:21:15	5KM	Mark Davies	SWAC
7	2	00:21:25	5KM	Tony Ashurst	ASHURST

Female

Pos.	Bib	Time	Category	Name	Club
1	19	00:19:08	5KM	Lisa Gawthorne	
2	15	00:19:59	5KM	Angela Delaney	SWAC
3	32	00:20:48	5KM	Tracey Peters	SOUTHPORT WATERLOO AC